

Dear LF members,

So that you are all able to keep up to date with events at Little Feet and The Stragglers and for general information for newcomers here is our October Newsletter.

LF Events coming up - go to the LF web site for further information

www.stevebrett.net/littlefeet

Monday 25th October - Little Feet Social evening at the Albion, come along and meet other members of LF and try the food. Special runners' menu - choice of three dishes. Tickets £6.00 in advance. Please see Helen for further details and tickets.

Monday 13th December - **The 2010 LF awards evening** will be held at the Albion, starting at 8:30. Tickets are £7.00, this includes a hot and cold finger buffet and a £1 donation to charity. We are looking for prizes for our annual charity raffle. If you have a prize to donate, please bring it along on the evening of the event. **Helen will be selling tickets from mid November.**

Other dates for your diary

Sunday 14th November - **The Leatherhead Fire Station 10K.** Go to the race web site for an entry form www.trionium.com/leatherhead10k

Sunday 28th November - **The Princess Alice Hospice Santa Run at Bushy Park.**

Take part in their 5k Santa Fun Run - or for younger supporters, a 1k Jingle Bell Walk and raise money for Princess Alice Hospice whilst having lots of festive family fun! Go to www.pah-santafunrun.com for more info.

Sunday 12th December at The Hawker Centre - **The annual festive Mob match.**

The Stragglers versus the 26.2 road runners. Great fun with plenty of 'après-run' socialising. For further details, see the poster in our changing room or have a look at The Stragglers web site www.stragglers.org

Monday 13th December - **Little Feet Footnotes** Jan will be publishing the Awards editon. If you have an article for publication, please speak to Jan Prince.

Congratulatonns

Louise Neville and Jan Franks won their age category of the Stragglers Road Championships 2010. Louise also finished joint 1st in her age category in the Surrey Road League. A very big well done to you both.

General reminders

Stragglers membership

Join on line at www.stragglers.org/Membership.htm

Little Feet emailing list

If you would like an e-version of the newsletter or Little Feet Footnotes (our regular in depth newsletter) please email me at <mailto:lfnews@blueyonder.co.uk>

Little Feet Web Site

We have a dedicated web site for LF; find it by going to The Stragglers main site and follow the link on the left for Little Feet or follow this link. www.stevebrett.net/littlefeet - a great way to view LF photos and find out what is happening at LF.

That's all for now, I hope that you enjoy your walking/running at LF and The Stragglers, and are able to take part in the various runs and social events that are coming up.

Steve